

BADSUF NEWSLETTER



ISSUE 10



Supporting Service Users through treatment journeys for 15 years

Another great year at BADSUF

Manager, Chair, Advocacy & Community Support reports on the past year and looking forward to delivering more in the coming year

Glossary of terms:

- DAAT = Drug and Alcohol Action Team.
- JCG = Joint Commissioning Group.
- DARG = Drug and Alcohol Reference Group.
- DIP = Drug Intervention Programme.
- BAT = Bournemouth Assessment Team.
- DHCT = Dorset Health Care Trust.
- PCT = Primary Care Trust.
- GP = General Practitioner (Doctors).
- CRI = Crime Reduction Initiative.
- NTA = National Treatment Agency.
- GOSW = Government Office South West.
- SHA = Strategic Health Authority.



BADSUF AIMS

"To engage with drug and alcohol Service Users by offering independent information, support and advocacy, ensuring maximum effectiveness of treatment provision".

BADSUF ACTIVITIES



Jackie
Administrator

Frank
Manager

Margo
Community

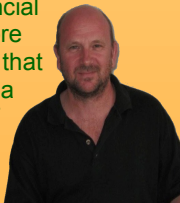
Nigel
Chair Person

- Through our telephone helpline, we are able to give up to date comprehensive information on the various ways in which treatment services can be accessed in Bournemouth.
- BADSUF regularly visit service providers and hosts an annual **Open Day** to promote constructive discussion between Service Users, Providers and Commissioners.
- BADSUF represents Service User views on a range of various committees that have an effect on the delivery of Drug and Alcohol services within Bournemouth.
- BADSUF provides an Independent Advocacy Service to assist Service Users who encounter difficulties relating to their treatment.
- BADSUF is also represented at regional level through the South West User Forum.

CHAIRPERSONS' REPORT

By Nigel Seal

Now in my fifth year as BADSUF Chair, it has been an incredible personal experience for me, benefitting both myself and the Charity. I have seen many changes take place and a constant effort to reach, represent and support an ever increasing number of Service Users. There have been changes in attitudes, philosophies and approaches to treatment and through all of this we have made sure that the real experts are being listened to. Now we have a new Government they will have their own ideas of how they want to see treatment developed, and we are all aware of the current national financial situation. It may be more important than ever that Service Users have a voice, and BADSUF intend to stay right in the middle of the decision making



process. Some of these issues will be covered in this Newsletter but things change rapidly and we always try to keep up to date with the national and local situation.

This is BADSUF's 10th year as a Charity and 15th since the forum was established. So this year we are in a celebratory mood and are giving ourselves a moment to recognise what the Forum has achieved. The fact that we have not only survived but flourished is a testament to the people who founded the Forum and their clear vision of concentrating on Service User Involvement and Representation at all levels of the treatment system with persistence and determination. Also we have demonstrated a willingness to build relationships and work closely with Commissioners and Providers to help get the best all round treatment possible for the individual who is asking for help. There are so many people to thank along the way, the many Staff, Volunteers,

Committee members and Trustees who all had input in the way BADSUF developed, the various organisations that have funded us over the years and finally all the members of BADSUF and all who have found our services to be useful.

All that's well and good but our minds are also fixed on the future of BADSUF, and at our last AGM we elected new Committee members and Trustees who can help us steer BADSUF through what may be difficult times. We intend to demonstrate our increasing usefulness to the treatment system and the wider community. Good treatment systems benefit the community as a whole, and the best are built with Service User involvement and representation. We are always looking for ways to increase our effectiveness and to maintain the high standards we set ourselves and that you deserve. As it was 15 years ago and still is now, services are for Service Users.

BADSUF OPEN DAY 2011

Clients of all Addiction Services (past & present) & their Carers are invited to meet at this **FREE** event

This event is usually in NOVEMBER

(Lunch and refreshments provided)
For details call the office on 01202 535 748

review open access provision and aftercare/day care provision, both of which went out for tender. The outcome, sadly, was that the Sedman Unit closed with SHARP picking up their work and the Open Access moved from EDAS to CRI at Oxford Road.

At the BADSUF Open Day we were able to confirm that the women only accommodation was being taken forward and this started taking in people at the beginning of this year. Unfortunately, we have had to take a reduction in accommodation availability due to financial restrictions on Supporting People, with the likelihood that further reductions will be made next year.

Overall, the services for helping into treatment, providing treatment and supporting in the aftercare process are working well and we were particularly impressed with the Clubhouse receiving awards for the second year running. Congratulations to the staff and the service users involved.

I am unable to avoid the subject of financial reductions, with the statutory partners of the DAAT having to make significant reductions this year and following years, it is likely that some of the services on offer currently will have to change. What these reductions may be and how much is not clear and the difficult task for the DAAT is to try and limit the effect for those people who use the services constructively and maintain the numbers of service users going through treatment and coming out having had a positive change that is either less chaotic through to abstinent, but either way able to feel able to have a more positive place in society and maintain it.

To help us achieve this and make sure we are getting it right, we need the feedback from you, the service users, so please let your key workers or BADSUF know both the good experiences you have had and the not so good ones so that we can work together to move services forward in what is likely to be a year or two of difficult decisions.

DAAT Update

By Chris Snelling, DAAT Coordinator

Since the last update, another year has gone by, BADSUF have had their Open Day and you were again open in voicing issues. For the DAAT, the NTA have targeted where they would like to strengthen the work of substance misuse, which is to continue to have services that engage with you, but also further develop the recovery and reintegration theme. This led us to

BOURNEMOUTH COMMUNITY ADDICTION TEAM (BCAT)

Based at Park Lodge in Boscombe, Bournemouth Community Addiction Team (BCAT) is a statutory drug treatment service for Bournemouth. It is staffed by professionally trained workers and is an important part of the wider treatment system. We aim to offer people with a heroin or other opiate problems an easily accessible service which will meet their needs at all stages in their journey towards recovery. We currently provide substitute prescribing, harm reduction, health and psychological support to over 650 clients and our aim is to reduce damage that drug use causes and to enable our

SUPPORT FOR FAMILIES

Over the years, the Bournemouth DAAT have worked towards providing a range of services to meet the treatment needs of the presenting service users and to a greater degree, have been successful.

However, often in addition to the Service User there are carers or family members that may also need support and, if such support is available, a more positive outcome for the Service User is possible.

Therefore, the DAAT has commissioned two services. The first is for parents and carers of young people who misuse substances and is a group meeting once a week, organised by EDAS. The other is for parents and carers of adults who misuse substances and is run by SHARP.



At the last BADSUF Open Day, the issue of support for children and families of people going through the treatment process was raised by Service Users and we have been looking at the evidence of need and possible ways to respond to this issue. There is currently a limited provision through Children's Services for the small number of extremely difficult family situations.

We are considering a family programme that is being used elsewhere in the country that is aimed at working with the parents and children, where either one or both of the parents have had a problem but are now abstinent and are asking for support in renewing parenting skills and improve the family as a unit. Each year we undertake a needs assessment and this is one of the issues we will look at to see if it possible to take forward with other service providers and would welcome any views or comments.

BOURNEMOUTH NEEDLE EXCHANGE

Located in Gloucester Road Boscombe as part of the Bournemouth Community Addictions Team at Park Lodge is the Bournemouth Needle Exchange Harm Reduction Service. It is an NHS Foundation Trust open door no appointment required service, open Monday to Friday.

It provides a free, friendly and confidential service for all injecting drug users and is open to people who live in Bournemouth. As well as providing sterile equipment clients can also return and drop off old, used paraphernalia for collection and appropriate disposal.

The NSP (Needle Syringe Program) offers a variety of equipment and different syringes and needles for service user's various requirements (including anabolic steroid users). Pregnancy tests, condoms and lubricant are also available.

The Needle Exchange is operated by a

service users to work towards achieving their own goals at their own pace.

5 COMMON MYTHS ABOUT BCAT.

1- I would have to wait too long to get into treatment.

After you have been assessed by the Bournemouth Assessment Team (BAT) you will be given an appointment at Park Lodge within 1 week. The average wait is only 5 days and your methadone treatment will normally begin at this first appointment.

2- I will have to go to Park Lodge and mix with people I am trying to avoid.

It is true that your appointments will be at Park Lodge in Boscombe to start with. However we also have venues where

you can be seen in Kinson, West Howe, Townsend, Winton and Westbourne among others and we are currently making arrangements to start seeing people in Bournemouth centre, so you can access treatment more easily.

3- The only thing BCAT does is dish out methadone.

For many of our clients being on the right prescription of substitute medication is an important step on the journey to recovery, however it is by no means the only thing we offer at BCAT. All of our clients have a named key worker who offer regular one to one sessions. This allows you to set your goals for treatment and to identify what you need to do to achieve them. We also offer health advice and vaccinations. We have a good knowledge of other local services available and can help you to access them.

4- Once I'm on a programme I could get kicked off at any time.

At BCAT we promote the ethos that you are in control of your treatment. We understand that recovery can be a long process with ups and downs. Our aim is to support you through and help you to build the confidence to live a drug free life. We have clear policies to make sure that our clients are safe but we endeavour to keep people in treatment no matter where they are on the journey.

5- Methadone is a life sentence.

At BCAT we see methadone and other substitute medications as a potential escape route from the day to day struggle of hustling and scoring. It can allow you the time to get control over other aspects of your life and move away from the drug using culture. We encourage everyone to move towards being drug free although this will always remain your decision. You may want to remain stable on your medication, try a very slow reduction, a quick detox or something in between. Whatever you decide we will be there to talk through a plan and support you.

We welcome feedback from our service users and from those of you who may not have been in treatment here. You can contact us directly by phoning **01202 397003** or writing to us at Park Lodge, Gloucester Road, Boscombe or through the advocacy service at BADSUF.

If you would like to think about coming into treatment with us the first point of contact is Bournemouth Assessment Team (BAT) who can be contacted on **01202 209463** and who will be able to arrange an appointment.

Chlamydia as well as Hepatitis A,B,C inoculations. Such a service is indispensable given the high rate of BBVs within the substance using community.

The NSP service is open to all, whether local or out of area. The health and well being of the service users is the top priority.

ADVOCACY UPDATE

It has now been over two years since I started in the full time role as BADSUF Advocate and I am pleased to say that the service is being regularly accessed and that the word is being spread that this is a valuable resource for Service Users and providers in the area. It has been a real pleasure to work with Service Users and providers over this time and to build good working relationships. BADSUF believe that the regular presence of an independent Advocate within the treatment system sends a powerful message to all.

My familiarity with Service Users on current treatment journeys has resulted in them being able to contact me when they really needed the service we offer. When a Service User does have a problem within treatment it can make them feel more isolated than ever so BADSUF make a lot of effort to be approachable, accessible and familiar to the Service User community, that way if a problem does occur we automatically spring to mind. We are of course not just about complaints, the regular visits from myself and the Community Support Worker (Margo) are about taking the

pulse of the various projects within the system and getting a picture of Service Users experiences of treatment which is a vital part of our engagement in the treatment planning process. Also any general views and things that are working well can be fed back to the DAAT Board and Joint Commissioning Group ensuring that all views are represented, so keep them coming.

Finally, the National Service User Conference had workshops on how to develop a local Advocacy service, highlighting the fact that although there are many Service User groups in the country, not many are able to offer an Advocacy service. BADSUF were one of the first in the country to establish a dedicated Advocacy service and that did not happen overnight. It took a great deal of hard work to get the access we have now and our many years experience of running an Advocacy service has resulted in us training various service user groups across the South West.

This service has been developed so that Service Users have a voice and representation when it's needed most, but we are always looking to improve so any comments you have about the Advocacy service are very welcome.

Many thanks again to all the Service

Q What is an Advocate?

A Someone who speaks up on someone else's behalf

Contact Nigel on
01202 535 748

Advocacy@badsuf.com



BADSUF believes that independence from service providers and purchasers enables the advocate to fully promote a client's basic human rights and choices, often by voicing the concerns and interests expressed by an individual engaging with, or wishing to access an Addiction Service.

Our service aims to help Service Users gain a fuller understanding of both their rights and options that are available to them, assisting them to make informed decisions.

Users and Providers who rely on the BADSUF Advocacy service, I hope to see you around soon.

Nigel Seal (BADSUF Advocate)

What does Margo Do?



Contact Margo on
01202 535 748
Communitysupport
@badsuf.com

Margo attends regular treatment talks at the following services:

Bournemouth Support Centre, Night Shelter, Quest, Clubhouse / CRI / Foundation, Flaghead Inpatient Detoxification Unit, Clouds Day Programme / Pre-treatment & Continuing Support Groups, Quinton House, CRI criminal justice aftercare, the and the Needle Exchanges @ Park Lodge and Body Positive.

COMMUNITY SUPPORT UPDATE

It has been another very busy and fulfilling year for BADSUF, in my Community Support role.

We are successfully reaching out to Service Users and helping them on their journey into and through treatment and beyond. We now have 1754 members and this year and I have made 71 visits to places of treatment, seen 497 Service Users, and taken on 217 new members.

We are Celebrating 15 years as a SERVICE USER FORUM & 10 years as a CHARITY this year. It has been a WONDERFUL 15 years.

My role is about empowering Service Users and Carers involved in Local Services to use their feedback to shape the quality of future services. The highlight of the year is our annual OPEN DAY, last year it was a GREAT success.

All the feedback from our OPEN DAY is presented to the Bournemouth DAAT Treatment Planning Day where a Treatment Plan is produced for local services in the coming year.

One issue highlighted at the 2009 Open Day was that services for women only were lacking. As a result of BADSUF ensuring this was prioritised, there are now two houses open for women only, and also a women only alcohol group has also been founded in 2010.

The Local DAAT has produced a book for the Service Users to follow their Treatment Plan with the help of their BAT worker, we are sure the Service Users will find this of great benefit.

I will be visiting treatment providers at all stages of treatment, and supported housing providers gathering Service User views critical for improvement of services and successful treatment outcomes, ultimately improving chances of success and healthier, happier lives.

DORSET HEPATITIS B AND C SUPPORT GROUP

We are a patient-led support group for people with viral hepatitis B and C. If you are struggling to cope, feeling lonely, isolated by your condition, and want some moral support from others with similar experiences, why not come along to our friendly, support group to talk it through with fellow patients. Partners and family of those diagnosed with viral hepatitis are also welcome.

1,103 people were diagnosed with

hepatitis C and 44 people were reported to have an acute infection of hepatitis B in the South West region during 2008. On May 19th we held an event in Bournemouth Square to raise the awareness of hepatitis B and C, attended by the Bournemouth Echo. Rod Prosser, Chairman of the support group, said: *"The day was an opportunity to remind everyone of the importance of protecting their liver from viral hepatitis. One in 12 people across the world are affected by hepatitis, but simple measures are enough to help most people in the UK avoid the life-*

threatening liver disease."

The group has occasional speakers, including dieticians, dermatologists and benefits experts and extra events including 'picnics on the beach' and an excellent Christmas party.

Meetings are every 1st Tuesday of the month at 7pm, at Springbourne Library Holdenhurst Rd, Bournemouth. BH8 8BX Everyone is welcome. For More Information call **07762 491634** or **07762 491780** or visit:

www.hepdorset.weebly.com

The Substance Misuse Liaison Service

The Substance Misuse Liaison Service at Royal Bournemouth Hospital became operational October 5th 2009. The S.M.L. is attached to CRI's Bournemouth Assessment Team.

The service has been created, managed by a Specialist Nurse Clinician who, at this point, has seen 500 service users.

Susan has worked at a senior clinical level for 32 years in mental health and 15 years in substance misuse.



All hospitalised patients who have alcohol or drug dependency are referred to the SML by ward staff. Unless the patient declines, a full assessment is carried out for Bournemouth patients, as it would be by the BAT and a care plan agreed. When the patient is discharged, they are transferred to a BAT/DIP care coordinator for the remainder of their treatment journey. For patients who live or have connections outside of Bournemouth they are assessed and referred to treatment providers for their area.

If needed, a detoxification regime from alcohol is commenced. It is important to note that the patient may go home in as little as one or two days if medically fit, so clients wanting a detox should see their care co-ordinator regarding preparation for Flaghead Unit or community detox as this cannot be provided by the general hospital unless admitted for other medical reasons. Patients are also maintained on methadone or subutex as necessary.

The role of the Specialist Nurse Clinician includes teaching & advising hospital staff, creating pathways and protocols to improve care & treatment, liaison between RBH and all treatment providers and ensure that substance dependent patients are treated with dignity, understand their plan and having someone who they can contact should they feel the need.

We encourage service user feedback & look forward to working with you.

St Pauls Direct Access Service and Day Centre

The services we deliver at St Pauls epitomise the aspirations and commitments we make in the BCHA mission statement.

St Pauls exists to provide a safety net and a place of change for the most vulnerable people in our community. We work in a way which strives to include

CRI CLUBHOUSE CHANGE...IT'S WHAT WE DO

CRI Clubhouse is well known in Bournemouth for the range of Aftercare resources available. Clubhouse changed its title to CRI Clubhouse Resource Centre to reflect the ever expanding resources and options for support that we provide for anyone who is seeking to progress in their recovery from substance misuse. The Resource Centre hosts both an Aftercare service and a Pre-treatment service, engaging with individuals in groups at either end of their treatment journey.

The Progress pre-treatment Project is delivered in partnership with SHARP. This project has been highly successful over the past year and is regularly running at full capacity. It provides support to anyone who seeks to move into treatment, many of those who have started the Progress programme have successfully moved into treatment options and aftercare at Clubhouse.

The CRI Aftercare project aims to empower individuals to make change to their lives and lifestyle, to be able to progress, gain self worth and reach their potential. In meeting these aims CRI Clubhouse has gone through significant changes to improve and develop an Aftercare provision which is tailored to assist individuals to make change in their lives which will enable them to be substance free and gain independence and reintegrate into the community.

From July 2010 the major change we have adopted is to divide the aftercare into 2 distinct yet integrating stages. Stage 1 has its focus in establishing recovery. The Stage 1 programme, called Crossroads, looks at the effects of withdrawal and how to manage them. The programme moves on to assist the individual to be able to set goals to move forward in their life and to develop the life

anyone who may need our services, however complex and challenging their circumstances. We provide the following services:

- ◆ 40 emergency access bed spaces
- ◆ 24 hour on-site support
- ◆ Access to accredited learning and training
- ◆ Access to on-site resettlement service
- ◆ Access to a wide range of on-site medical interventions
- ◆ Links with key support agencies (such as B.A.T / Housing Solutions/Job Centre)
- ◆ On-site day centre offering a range of social and meaningful activities

St Pauls also provides a place where individuals are welcomed and accepted, getting the right support in starting to change their lives and move forward.

skills that will prevent relapse; the programme is called Bridges.

The Stage 2 programme has its focus in recovery and re-integration. It provides personal development and advice, guidance and information to assist the individual to engage in Education, Training, Employment and re-integrate into community and society. The Prospects programme was launched in June 2010 as part of the ongoing changes at Clubhouse. This is the Stage 2 structure which with STEPS to Excellence is enabling and empowering individuals to make real progress in their lives and establish themselves in education in training or employment. The Prospects programme has been devised in partnership with Job Centre Plus and includes workshops and exercises, advice and information to assist the individual to move towards employment, CV writing; Interview skills; Voluntary opportunities and college courses are all covered as well as the support to make applications for CRISIS Changing Lives Grants. The grant scheme is available to assist people in recovery to re-establish their lives; access training and education; start employment and business.

Change is what we do here at Clubhouse, in response to service user feedback; to meet the needs of service users and to provide the highest standard of resources for change for Bournemouth substance misuse services. If you want to know more please contact Clubhouse on **01202 397288**



We are always looking for ways to improve the services we deliver and therefore make them more beneficial for our clients. As such we welcome the strong links we have with BADSUF who visit St Pauls regularly in order to give our clients an opportunity to voice their views.

The majority of clients we work with are struggling with an active addiction issue. We recognise this, and deliver services at St Pauls in a way that is individually tailored to meet each clients needs as far as we possibly can.

Sarah Ward
Homelessness and Substance Misuse Manager.

If you would like further information about St Pauls, please contact Nathaniel Major (Manager) on **01202 587160**.

DORSET WORKING WOMEN'S PROJECT

The DWWP is an HIV prevention and sexual health project targeting women who sell sex, particularly those who also misuse drugs and/or alcohol. The Project is administered from The Junction in Bournemouth and covers the Bournemouth and Poole area. It has been providing a service for the past 14 years.

The Junction, Integrated Sexual Health Clinic, is based very near to the red light area and this is an important factor in making the services more accessible for sex workers.

The Project is run by Pauline a part time Project Coordinator and Kim a part time Project Worker and has six voluntary workers.

DWWP outreach service makes contact with people involved in sex work who can be a hidden population, and who do not necessarily access mainstream services due to a wide range of factors including stigma, criminalisation, fear of judgemental attitudes and lifestyle. We provide condoms, lubricants, newsletters, information on safer sex, safer drug use, HIV, reproductive and sexual health, safety at work, attack alarms and a minimal amount of injecting material for all of the outreach services.

STRENGTH IN NUMBERS

Why service user involvement is now more important than ever



It's extremely heartening to see BADSUF going from strength to strength. Last month we embarked on (what we soon realised was) the almighty task of compiling a service user group directory in Drink and Drugs News. Why? Because we'd been talking to so many groups and would-be groups over the past six years that we thought we'd try and share the information. After we started running a 'service user group fact file' series a few years ago, I lost count of the amount of tentative enquiries we've had along the lines of: 'I saw an article about starting a group in DDN and I was wondering if you have any advice...'

Collating the information in directory format within a few weeks was something of a challenge! And yes, we know the area maps we finished off at about 1am with the printers waiting weren't perfect. But like many a worthwhile project it was a decent start – and the upside was, our enquiries brought the information about new

DWWP provides a twice weekly Street Outreach and through this service we reach women who are most vulnerable.

We provide a Tuesday afternoon drop in (held in CRI Oxford Road). This has proved to be an effective way of channelling women into treatment, increasing availability and accessibility of drug treatment services for sex workers.

DWWP provide visits to indoor sex venues offering a specialist sexual health service, advocacy and support and will accompany women to the GUM clinic for sexual health screening.

They have identified that there is a high level of homelessness among women involved in street sex work which can be a significant barrier to exiting sex work.

THE JOB CENTRE PLUS DRUG STRATEGY



The Jobcentre Plus drug strategy recently celebrated its first year of delivery, leading to a review of how things have worked and plans for the next year. Jobcentre Plus are now able to refer customers they see that disclose their drug use to an appointment with a BAT worker. This is all done on a voluntary basis. It was always believed that the voluntary referral process would become much more stringent and referrals for drug using customers claiming benefits would become mandatory.

Understandably, this has prompted lots of debate and discussion around how this would work and if it could be truly effective. Concerns were raised that this may result in service users engaging in treatment for purely monetary reasons and that others may be driven away from the benefits system. The government had previously decided to abandon plans for a mandatory referral process but this

groups flooding in. There's a real passion among service user groups to survive and thrive against the backdrop of uncertainty hanging over services.

Groups sometimes worry that they don't have the funds or the 'official' backing to carry on going. But you'll have noticed with all you're doing in Bournemouth that inspiration and motivation come from within the group, whether it's sustaining advocacy services, making sure members are given the right support during and after treatment, or taking part in active feedback to improve services.

Now we've got the service user group directory project off the ground (and there'll be another update in the new

The DWWP liaises closely with the staff in The Night Shelter and continues to support women who access this service encouraging them to engage with drug treatment services and look at routes out of prostitution. This year the Project has been successful in supporting women when 'move on' accommodation has been found and offered advice and support for women in local refuges.

Contacts:

**Pauline Smyth: 01202 646912
07973235438**

**Kim Elliott: 01202 646387
07824537346**

has recently been revived and may be included in the next drug strategy.

Outreach work will be continuing across treatment centres with every stable/abstinent individual in treatment (residential and community based) having the opportunity to discuss their needs with a specialist adviser named Kathy. To find out when Kathy will be visiting your programme, speak to your key worker or BADSUF should be able to let you know.

There will be many changes to what Jobcentre Plus can offer you and to the benefits system in the next year, though the exact nature of these changes is unknown at present. We aim to introduce new ways of sharing information with your key worker - this will mean that we are linking in with you and your key worker to offer you the best support we can as you move closer to independent living and hopefully a move into employment.

If you have any comments/ queries/ ideas about how Jobcentre Plus could better support you or your clients tell BADSUF and they can pass on your message.'

**Paul Rogers
District Drug Coordinator
Jobcentre Plus**

year, so keep us informed about what you're doing!) we're thrashing ideas about for the next National Service User Involvement Conference on 10 February, trying to distil the many suggestions to a programme of national priorities. It's a tough one to plan for – budgets are tight, everyone's under pressure, no one knows quite what the political or professional landscape will look like by then. All we know is that we're going to have to fight harder, faster and stronger for service user representation, so we hope you'll put the date in your diary to join us in Birmingham.

Claire Brown, editor, Drink and Drugs News (DDN)

CRI UPDATE

BRIEF INTERVENTION TEAM 01202 203101

The alcohol Brief Intervention Team are based mainly in Bournemouth and Poole A&E departments providing alcohol advice and information to anyone over the age of 17 drinking above the recommended daily guidelines (2-3 units a day for women and 3-4 units a day for men). They help individuals moderate their alcohol consumption to sensible levels and eliminate harmful drinking practices and encourage change by looking at individuals' drinking habits.

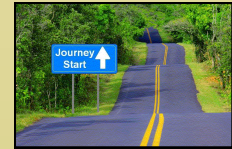
They empower individuals with skills so they enjoy alcohol responsibly. They do not work with dependant drinkers as their needs would not be met by the BIT team but they do refer them into the treatment system so they can access the appropriate support to meet their needs.

OPEN ACCESS

**43 Oxford Rd, Bournemouth BH8 8EY
01202 552540**

Open Access is a service for anyone experiencing difficulties with drugs or alcohol, including family and friends affected by substance misuse. An appointment is not necessary as the service operates a daily drop in Monday to Friday morning between 9am and

midday. The service offers advice and information with groups most afternoons. Topics vary but they include a stimulant, alcohol and a women's group. The Open Access service looks to engage with all service users but will refer onto the Bournemouth Assessment Team if a client is physically dependant on alcohol or opiates or is deemed too chaotic for their needs to be met in the Open Access service. The service also offers outreach clinics in West Howe as well as at various venues across Bournemouth.



**BOURNEMOUTH ASSESSMENT TEAM
43 Oxford Rd, Bournemouth BH8 8EY
01202 209463**

The Bournemouth Assessment team works with chaotic drug and alcohol users, assessing clients needs and suitability for drug and alcohol treatment and formulating a care plan as well as assessing their suitability for supported housing. They coordinate a client's treatment journey and liaise closely with providers to maximise treatment effectiveness. Clients can be referred or can self refer by attending a daily drop in between 2pm and 4pm Mon to Fri.

RIGHT HERE RIGHT NOW! 3RD NATIONAL SERVICE USER CONFERENCE

BADSUF attended the Right Here Right Now national service user conference in Birmingham on 4th March along with about 600 others and listened to the views from various service user reps from the U.K. and Europe, finding it thought provoking and challenging.

From the idea of drug user activism which promotes harm minimisation by educating dealers into being more socially conscious, to the problems of extreme violence towards drug users in Northern Ireland, by Iain Cameron and how it made him even more determined to tackle a hostile treatment culture.

SHARP Liverpool discussed debunking the recovery myths, looking at what is recovery and when does it start, emphasising that the recovery movement represented choice not just abstinence and that one size fits all recovery has been put in the bin.

Rosanna O' Conner from the National Treatment Agency gave a presentation focussing on commissioning for recovery saying that "the NTA will be setting

models of care to one side and replacing it with something much more recovery-focused". And a planned National consultation by the Alliance into personalisation budgets was discussed.

The day was interesting and useful with great networking and information sharing among service user groups. In this current climate of choice and commissioning for recovery being championed by the NTA it is important to BADSUF that one group should never be championed over another, that all people have a voice, their interests protected and their rights to treatment whatever form that might take.

SOUTH WEST REGIONAL SERVICE USER WORKSHOP

In March 2010 the NTA hosted this event with the aim of understanding the extent of Service User involvement in the Treatment Planning process around the South West. Understanding on how to engage with a DAAT varies from group to group, and so BADSUF assists by submitting a guidance timeline and detailed information about how service users in Bournemouth can take part in the process of shaping their future treatment services.

To receive the funding from the NTA and commission services each DAAT must submit a yearly treatment plan with full details of providers, costings, priorities, and targets. The treatment plan is assessed to identify gaps in treatment, what is working well, and what needs improving to achieve best value for money.

In July the "needs assessment" is completed which looks at current influences on local treatment provision such as; the local population, trends of drug and alcohol use, and local crime statistics. DAAT recommendations follow based on this data and a draft of the needs assessment is presented to the DAAT Joint Commissioning Group.

DAAT officers regularly meet with BADSUF to discuss Service User involvement, especially focussing on the

BADSUF Open Day in November to ensure SU views are "work shopped" represented.

In December a formal treatment planning day is hosted by the DAAT for stakeholders and providers. BADSUF make a presentation of views gathered at the Open Day and throughout the year outlining what real Service Users have been saying about current treatment provision. This is the best opportunity we have to persuade key stakeholders about SU opinions.

In January a DAAT executive board meeting discusses the needs assessment & treatment plan and make any final amendments. Thereafter the first draft of the documents are submitted to the NTA and a period of clarification follows where the parties discuss and develop the documents jointly.

A treatment plan leaflet from the DAAT is drafted with BADSUF highlighting the direct link between the BADSUF Open Day feedback and influences on the treatment systems in the coming year.

So in a nutshell that's how the treatment plan is formulated. As BADSUF staff meet you in treatment all the views and ideas we hear are fed into this process and of course we look forward to seeing you at our Open Days. Remember it's the best chance you have to influence your local treatment services!

PDU ACCREDITATION FOR FLAGHEAD UNIT

Dorset HealthCare NHS Foundation Trust Flaghead Unit has received full Practice Development Unit (PDU) Accreditation on the 28th April 2010. The Addiction Service is delighted that Flaghead has been accredited due to the hard work and passion of the staff.



PDU is a University Accreditation about promoting clinical excellence, enhancing the delivery of care. The service has been measured against 12 standards of practice, which enable teams to develop new approaches and share practice, bring about positive change and quality of service for clients and carers. Our accreditation lasts for 3 years during which time we hope to continue to improve the service we deliver.

THE BIG ISSUE

The Big Issue exists to offer homeless and vulnerably housed people the opportunity to earn a legitimate income. We produce a weekly entertainment and current affairs magazine which vendors buy from us for 85p and sell to the public for £1.70, keeping 85p for themselves. Vendors must adhere to a code of conduct whilst selling the magazine.

We support over 2900 homeless and vulnerably housed people across the country and are read by over 670,000 people every year. We believe in offering 'a hand up, not a hand out', but we also recognise that earning an income is one of the first steps on the journey away from homelessness.

The Big Issue Foundation, who work alongside the Big Issue, is a registered charity which exists to link vendors with the vital support, which will help them address the issues which have led to their homelessness.

We run themed weeks during the year, the next being "Health Week", trying to combat the devastating health aspects of rough sleeping, highlighting the variety of problems faced and facilitating a need to engage with a broad range of agencies and health care professionals. Outreach workers from the NHS and other relevant agencies provide one-to-one advice and referrals to access treatment and rehabilitation relating to drug and alcohol addictions. Local professionals are also on hand to offer advice on issues relating to mental health, sexual health, TB, Hepatitis and HIV.

If you require any further information please contact the Bournemouth Big Issue office 01202 314261

THE BIG ISSUE

BADSUF contact details

Flat 1, 29a Alma Road
Winton Bournemouth BH9 1AB

24 HOUR HELPLINE

Tel/Fax: 01202 535748

Mobile: 07786 166120

E-mail the team

Manager@badsuf.com

Communitysupport@badsuf.com

Advocacy@badsuf.com

Admin@badsuf.com

www.badsuf.com

Opening hours:

Tues & Thurs 9.30am—5.00pm

Charity No: 1079780

BIG SOCIETY AND COMMUNITY SAFETY

The new Government has made very public its investment in "the Big Society". In this it has made clear that much more responsibility will be GRANTED to Local Authorities and Neighbourhood Action Groups.

The Safer & Stronger Communities team within Bournemouth Borough Council has been working for over ten years in helping local communities feel empowered to make positive changes in their neighbourhoods. The priorities for 2010/11 are:



- ◆ Domestic Abuse
- ◆ Community Cohesion
- ◆ Alcohol Misuse
- ◆ Violent Crime
- ◆ Acquisitive Crime
- ◆ Anti-social Behaviour
- ◆ Reducing Re-offending

Over the past year there have been some real successes, including meeting and exceeding some of the Local Area Agreement targets which finished at the end of March 2010. Including significant results in the areas of domestic violence, alcohol treatment (brief intervention) and re-offending. For more information please contact the Safer & Stronger Communities Manager:

Andy Williams on 01202 458240

BOURNEMOUTH ALCOHOL HARM REDUCTION STRATEGY - UPDATE

The Town Centre Safe Bus was launched as a pilot project on 24 July 2009 intending to provide more immediate and confidential access to services. Staff from the Ambulance Service and the Brief Intervention Team were available on the bus hoping to treat people so as to reduce the numbers of people who have to attend A & E and help people to recognise the potential harm from their drinking.

Alcohol screening by GPs was introduced on 1 April 2009 and involves screening people who register as new patients with a practice. To date nearly 6,500 people have been screened.

A new post of Substance Misuse Liaison Practitioner has been set up in The Royal Bournemouth Hospital (see page 5). Essentially, the role is to work closely with nursing and medical staff to assess the nature of the needs of individual patients and to help access the most appropriate service for their needs as they leave hospital.

The Bournemouth Assessment Team is now being used as a single point of entry to alcohol treatment services according to the assessed needs of an individual.

The success of the strategy is being monitored by a multi-agency group which brings together NHS Bournemouth and Poole, Dorset Police, Bournemouth Borough Council and the Drug and Alcohol Action Team.

THE FOUNDATION PROGRAMME A SENSE OF BELONGING

The Foundation has undergone a complete overhaul over the past 12 months, a change in team leader and the recruitment of two new members of staff.

We now have 20 placements for service users who may be referred to us by the BAT / DIP or the Probation Service and as a criminal justice intervention service we provide a 16 to 20 week programme for those on DRR's or ATR's imposed by the courts. Our work with DRR's and ATR's focuses on challenging and changing harmful patterns of behaviour by raising self awareness through a series of motivational workshops and daily group therapy.

The programme runs from 10.30am to 3.00pm. Lunch is provided and we now make sandwiches and jacket potatoes.

There are now clear and manageable boundaries which encourage personal growth and self responsibility. preparing the individual for their chosen treatment package. We provide structure for those

with clear goals ranging from stabilization on Methadone to preparation for further structured treatment including residential.

We deliver several holistic therapies such as Bowen, acupuncture and Yoga and various art projects. The latest being the graffiti workshop.

There are now two groups running, for those just arriving and those more stable in preparation for aftercare. We have an annual open day to promote our service. (Date to be arranged.)

We have created a calm and nurturing environment where individuals can feel safe and start to develop healthy relationships based on trust, empathy and understanding from the onset. We offer a very family orientated approach which fosters a sense of belonging for our service users.

CRI Foundation Programme

43 Oxford Road, Bmth, BH8 8EY.

Tel - 01202 558963

